

For Men Only: Picking up the Pieces Through Grieving



This is a time for men to come together, with male facilitators, to exchange thoughts and experiences of personal loss. This workshop will explore how grief affects us emotionally, spiritually, physically and mentally. Grief affects our thoughts, feelings, relationships, work and play.

**Thursday, September 18, 2008
6:30 pm – 8:30 PM**

Held at: *Montgomery Hospice*
1355 Piccard Drive, Suite 100
Rockville, MD 20850



**For questions and/or registration, call:
Montgomery Hospice
Bereavement Care
301-921-4400**

**All workshops are free and open to anyone who lives
or works in Montgomery County.**