

# Grief in the Workplace

Montgomery  
Hospice  
Bereavement  
Care

*Grief and loss* affect both our personal and work lives. A supportive workplace culture recognizes the variety of losses employees face and provides appropriate assistance.



*Montgomery Hospice helps businesses and organizations* in the community by providing grief and loss awareness education to managers and staff. We can help you and your employees learn how to recognize grief, know what to say and how to help a co-worker who is seriously ill, caring for a loved one or grieving a death.

*Our workplace educational sessions include:*

**What to Expect When We Grieve** – finding healthy ways to cope with loss and grief

**What to Do When a Co-worker is Seriously Ill** – appropriate ways to express concern and support

**Quiet Ways** - sharing the path of grief with co-workers

**Time to Remember** – a special time for co-workers to share loss and honor memories of colleagues who have died

**A Gift to My Family** – making wishes known through an advance directive

*The impact of grief on employees and the bottom line:* A 2003 report, *Grief Index: The Hidden Annual Costs of Grief in America's Workplace*, shows that the total national cost to businesses from employee grief and loss is \$75.1 billion annually. The cost of grief is seen in behaviors and health issues such as alcohol and drug abuse, depression, accidents, physical injuries, stress and anger problems.



**Contact us** if you would like to learn how Montgomery Hospice can help you and your organization cope with grief and loss in the workplace. Call Montgomery Hospice at **301 921 4400** and ask for a bereavement counselor or e-mail us at

**[info@montgomeryhospice.org](mailto:info@montgomeryhospice.org)**

*to gentle the journey through serious illness and  
loss with skill and compassion*

## Montgomery Hospice Mission

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Montgomery Hospice is a nonprofit, medical hospice that has served patients at the end of life and their loved ones since 1981. We offer services throughout Montgomery County, but are independent of the county and state government.

We care for patients at the end of life regardless of their ability to pay. Our work is funded by generous gifts from local residents, businesses and civic groups, as well as by Medicare, Medicaid and private insurance.

Montgomery Hospice Foundation raises and manages the funds that make the work of Montgomery Hospice possible.

Every year, seriously ill and grieving people throughout Montgomery County find comfort through our *Hospice at Home* service, *Casey House* inpatient facility, and our *Bereavement Care* program.

Joint Commission  
on Accreditation of  
Healthcare Organizations

Medicare and Medicaid certified

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