Culture Counts:
Caring for Jewish Patients & Families

by Gary S. Fink

That is why the mission statement is accompanied by Montgomery Hospice’s vision—to bring comfort and care to “our community’s multicultural residents.”

Understanding and respecting the culture of county residents is essential to our work. In the previous issue of Hospice Matters, Dr. Robert Washington wrote about serving the African-American community. In this issue, we focus on aspects of Jewish culture and end-of-life care. Montgomery Hospice serves a large number of Jewish patients and families, reflecting the sizeable and active Jewish community in Montgomery County.

Religion, Culture, Civilization
Judaism contains a broad range of spiritual beliefs and practices. Yet Judaism is more than a faith; it also encompasses a complex culture and a 4,000-year history. So in its broadest sense, Judaism is an evolving civilization.

For some, Judaism is about belief in God and observance of Divine commandments. For others, Judaism is about seeking God and creating “godliness” in the world. For many, being Jewish means identifying with family tradition, noble values or the heritage of Jewish culture. Since Judaism is more than a creed or set of beliefs, it is possible for Jews to be secular, religious, cultural or even atheist—and still strongly identify as Jewish.

Time for a Serious Conversation

by Ira Byock, MD

The exclamation “I don’t want to think about it!” expresses our culture’s attitude toward the end of life. When a family member or close friend who is seriously ill worries aloud, “I don’t know how much longer I can go on,” our reflex is to tamp it down. “Don’t talk like that!” we say. We act as if talking about dying will make it come true. Superstition is alive and well in the 21st century.

Of course, as a long-term strategy, avoidance of the subject is doomed to fail. The taboos that keep us from preparing for dying make it much harder for ourselves and our loved ones when that time does come. By refusing to think and talk about these mortal subjects, we remain in the dark, not knowing what others would want, and not having our own wishes known.

People assume that there will be time to talk about the subject later, when it is needed. In fact, it doesn’t necessarily get easier to talk about dying as a person gets sicker; sometimes it gets a lot harder. I regularly meet hospitalized patients who are in the late stages of cancer, heart failure or respiratory failure, and steadfastly refuse to discuss their wishes for where, how and by whom they would like to be cared for as they die. They have never completed advance directives, or discussed their preferences for end-of-life care with their doctors, as if making contingency plans will make their fears of dying come true.

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During these 30 years, Montgomery Hospice has had the honor of partnering with other organizations in our community, including faith groups, other nonprofits and educational institutes. In the past year, the list of such partnerships included The Alzheimer’s Association, Mount Calvary Baptist Church Congregation, the Chinese Culture and Community Service Center, the Asian American Health Initiative, Howard Community College and the University of Maryland School of Social Work.

As we celebrate our 30th anniversary, we recommit to Cicely Saunder’s noble objective to serve each patient professionally and compassionately. And we thank the community for its ongoing support.

Ann Mitchell
President & CEO

From Ann’s Office
Serving the community for 30 years

In 1981, the organization entitled the “Montgomery Hospice Society” officially opened, becoming the first licensed hospice in the state of Maryland. That same year, Dame Cicely Saunders, founder of the modern hospice movement, received the prestigious Templeton Prize for her “exceptional contribution to affirming life’s spiritual dimension.”

The founders of Montgomery Hospice were inspired by Dame Saunders’ words to patients: “You matter to the last moment of your life, and we will do all we can, not only to help you die peacefully, but to live until you die.” The Montgomery Hospice Society followed Cicely Saunders’ model of a hospice organization with an emphasis on education as well as excellent clinical care. The first employees worked to help their community understand this new way of thinking about dying, with a focus on the individual patient, an active approach to managing pain and symptoms, and the recognition of the interaction of mental and physical suffering.

For the last 30 years, Montgomery Hospice has continued to strive for excellence in patient care, with the same focus on each individual’s physical and spiritual needs. Our commitment to education has also continued. Montgomery Hospice professionals are uniquely qualified to help families negotiate the complex issues that accompany serious illness. While advancements in medical treatments have prolonged life for many, these same advanced treatments have complicated end-of-life decisions. Montgomery Hospice continues to provide information and clarification for families, always respecting their cultural, spiritual and individual beliefs. In 2010, we provided education to 5,400 people in our community.

Time for a Serious Conversation

In my current practice of palliative care, I regularly assist patients and families in tending to the practical and emotional work of life completion. Their sadness is often accompanied by a sense of confidence that there was nothing left unsaid.

Personal life experience has also taught me the value of preparing for the end of life. When my mother was ill, her advance directive was on file in an online registry and immediately available to us and her doctors. After she died, my sister and I knew exactly where to find the important papers - her will, titles for her car and condo, accounts and certificates - that we needed to manage her affairs.

I silently thanked her a hundred times for taking such good care of us all. And I realized that even in death, Mom was teaching me by example how to be a good parent to my daughters.

In public surveys people consistently say they most fear being a burden to their families, losing dignity and personal control. Ironically, we tend to avoid the very discussions that could reduce that burden and enhance our sense of control.

It is not solely a matter of luck. Like it or not, if a day comes when you cannot speak for yourself, someone will speak for you. That someone will very likely be related to you by marriage or blood. If you want to help that person (or your family), first give them clear authority to speak for you, and second, tell them what treatments you think you would want or not want if your life were threatened.

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Advance directives are most useful when they are based on conversations within families. When someone falls ill or is seriously injured, an advance directive can dissolve family disagreements over treatment options before they arise. In so doing, not merely is conflict averted, but family members are better able to support one another and attend to the difficult tasks of caring and of grief.

We cannot change the inherent vulnerability and frailty of being human. But we can be proactive in helping the people we love feel prepared for times when tragedy may strike. Why not sit down and have a discussion about your wishes with your family?

Ira Byock, MD is Director of Palliative Medicine at Dartmouth-Hitchcock Medical Center in Lebanon, New Hampshire and a professor at Dartmouth Medical School. He has authored numerous articles on the ethics and practice of hospice, palliative and end-of-life care. His first book, Dying Well, (1997) has become a standard in the field. His most recent book, The Four Things That Matter Most, (2004) is used as a counseling tool widely by palliative care and hospice programs, as well as within pastoral care. He has been a featured guest on numerous national television and radio programs, including NPR: All Things Considered and Fresh Air, ABC Nightline, CBS 60 Minutes and PBS The News Hour.

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Making decisions about medical treatments that you would want or not want is called advance care planning. You can document your wishes using advance directives.

There are two basic kinds of advance directives:
- Power of Attorney for Health Care
- Living Will

The Power of Attorney for Health Care allows you to appoint a person to speak for you if you are unable to speak for yourself, in order to make decisions about your health. This person is called your Health Care Agent. This should be someone you trust, someone who understands you, someone who will be able to make these decisions when the time comes. (Other terms for this person include “health care proxy” and “surrogate.”)

The Living Will is a statement of instruction describing your wishes about medical treatments if there comes a time when you are extremely sick or if you have a disease that is not curable.

Creating these advance directives: The State of Maryland has an optional form that can be used. Maryland also recognizes a form called “The Five Wishes Directive” and most forms from other states.

No matter what form you use, it is important to have discussions with your loved ones about your wishes. Talk about your values and the things that are important to you.

More information (including the State of Maryland form in 7 different languages) can be found on the Montgomery Hospice website: www.montgomeryhospice.org/advancedirective

Make the effort to have this important conversation.
This diversity within the Jewish community emerges in many areas of the hospice experience, for example, in decision-making. Orthodox Jews look to their rabbis as authorities regarding issues that arise at the end of life. Conservative, Reconstructionist, Reform and Renewal Jews are more likely to use a rabbi as a guide but not as an ultimate decision-maker. Cultural, humanistic or secular Jews may simply look to Jewish values as they grapple with difficult end-of-life decisions. In all cases, Montgomery Hospice staff members support the right of patients and families to make decisions as they see fit, and we encourage our clients to consult with anyone who will be helpful.

**Jewish View of Hospice Care**

As far back as the Bible, Judaism affirms the importance and sanctity of life. At the same time, the Biblical author of Ecclesiastes recognizes that “to everything there is a season...a time for being born, and a time for dying.” The end of life is seen as part of the natural cycle of life. In Jewish law, preservation of life and health is a primary mitzvah (commandment), though one is also obligated to prevent or diminish suffering.

Jewish tradition seems to recognize that there may come a time when death is inevitable, and the goal of care changes from aggressively fighting disease to battling suffering caused by disease. When that time comes, however, may not be clear.

Montgomery Hospice admissions counselors know and respect that every person or family decides to enter hospice—or not—according to their own time and readiness. Our obligation is to provide good information and to trust a family’s loving concerns.

**Cultural and Religious Integrity**

Some Jewish patients and families may be highly sensitive to the presence of non-Jewish clergy or to conversations about religion. The Jewish community tends to be wary of evangelical efforts because of its historical experience. Throughout centuries of European history, Jewish communities often experienced religious persecution, violence and the pressure of forced conversions.

Fortunately, most Jewish families appreciate the presence of Montgomery Hospice chaplains. Their role is to support relationships with local congregations and rabbis, not to compete. For people who are not affiliated, our chaplains provide support according to the orientations of each patient and family. Sometimes this entails “heart to heart” friendly visits, not religious at all. Sometimes families request a visit from a Montgomery Hospice rabbi. In every case, our chaplains—who come from a variety of backgrounds—take their cues from patients and families whose varied needs we work hard to serve.

**Jewish Views of Afterlife**

Do Jews believe in heaven? It depends on whom you ask. But the simplest answer is yes—in many ways. Ancient Biblical tradition views heaven in the sacred burial places of the ancestors, similar to some Native American beliefs.

Later tradition relocated heaven to the sky, as a Paradise or Garden of Eden. The soul either ascended to its heavenly reward immediately or after a period of repentance (up to a year).

In medieval times, mystical Kabbalistic tradition affirmed reincarnation of souls and past lives. So we see that regarding heaven, Judaism is pragmatic—there is no one universally accepted dogma, since no one knows for sure what comes next. There is, however, a general faith that a compassionate God will surely reward a person who lives a good life.

**Eternal Life Beyond Heaven**

Many modern Jews do not believe in a supernatural heavenly place. But along with more traditional Jews, they do affirm eternal life in two other ways—in memory and legacy. Whenever we remember someone or invoke their memory, our loved one attains a kind of immortality. Remembrance of loved ones is an important value in Jewish family life. Jewish tradition prescribes a prayer of remembrance (Kaddish) to be recited every year.

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Legacy is also seen as a kind of eternal life. Jewish tradition holds that the influence of loved ones during their lifetime leaves an indelible mark in our universe. Through legacy their presence endures.

The Montgomery Hospice counseling staff respects the importance of memory in healthy bereavement. Also, our counselors recognize the comforting power of life review. Reflecting on life and legacy provides “this-worldly” possibilities that life can transcend death.

These are just a few of the many ways that Montgomery Hospice works to be responsive to the unique cultural needs of the Jewish community. We view our county’s cultural diversity not as a challenge to overcome, but as a blessing to embrace.
Gramley Creates Endowed Fund to Honor the Memory of his Late Wife

“Several major things in my life are the result of coincidences,” shared Dr. Lyle E. Gramley as he described how he met his first wife, Evelyn, back in the early 1950s. “I had recently completed my service in the Navy and was attending college to complete my undergraduate degree. My counselor advised me to take more than 15 hours of course work. I was an older student and a bit cocky, so with great reluctance I suggested that I take piano lessons as another class, because I had taken some piano as a child.”

In the spring of 1980, Evelyn, herself, was diagnosed with multiple myeloma. “She was incredibly stoic throughout her illness,” recalls Dr. Gramley. “She referred to her disease as ‘my little problem,’ and successfully battled it with chemo for many months. Finally, her doctor suggested that I take her home because there was nothing more that could be done for her that would not require extensive, invasive treatment. I knew she would not want that to happen. That weekend, I called Montgomery Hospice to help, as she was having difficulty breathing. The nurse told me that she was beginning to develop pneumonia.” The next morning she died peacefully at home.

Dr. Gramley has made a gift of $100,000 to create an endowed fund in memory of Evelyn L. Wachtel Gramley. The fund will be a part of the Casey House Nursing Services Endowment. The principal will be invested, and the income will be used to support nurses and nursing aides at the 14-bed inpatient hospice.

“Evelyn believed in the hospice movement and devoted time near the end of her life to support the patients in Montgomery Hospice,” Gramley continued. Evelyn left behind a son, Alan, a daughter, Lynn, and two granddaughters, Paula and Ginny. She was a popular resident in the Potomac area, a talented pianist and a gourmet cook.

We are deeply grateful to Dr. Gramley for his generous gift honoring Evelyn’s memory. This endowed fund will not only continue to support the work of the staff at Montgomery Hospice Casey House, but it also creates a lasting legacy to the piano teacher from the Midwest who helped to “gentle the journey” of the very first Montgomery Hospice patient.

Mt. Calvary Appreciation

Montgomery Hospice has been an outstanding partner, serving the Mount Calvary Baptist Church Congregation and Community. Our members have received not only individual support but also excellent workshops.

Hettie T. Fleming,
Co-Chairman – Health & Wellness Ministry
Mount Calvary Baptist Church

29,000 Kicks for Hospice

On a cold, snowy Saturday morning in late January, some 30 area children came together to raise funds for Montgomery Hospice by participating in “kicks for hospice.” The students obtained sponsors for the kicks they would make during the open house hosted by Mark and Mary Ann Malakoff, co-owners of Kang’s Black Belt Academy in Sandy Spring, Maryland.

The hour-long event resulted in more than 29,000 kicks and raised a total of $665. Participants and spectators also purchased pizza that had been generously donated by the Olney Mama Lucia Restaurant, with proceeds benefitting Montgomery Hospice.

“Mary Ann and I believe in the work of Montgomery Hospice and give of our time and resources because we believe in its mission. We were delighted to host this event for such a worthy cause,” commented Mark.

Montgomery Hospice appreciates the support of Mark and Mary Ann and the dedication of the karate students who participated in this event.

Matthew Tiffany (l), a student of the Academy, with his dojo, Mark Malakoff (r), a Montgomery Hospice patient care volunteer.
2011 Corporate Partners

Montgomery Hospice is grateful to our 2011 Corporate Partners for their generous support of our programs and events. Among the many benefits afforded to our Corporate Partners are: recognition in our publications, including our Annual Report and newsletter; logo and website linkage from our homepage; banner recognition in our Gazette supplement, which is distributed to nearly 300,000 Montgomery County households and at health fairs and other venues throughout the area; and complimentary registrations and guest passes to sponsored events. Businesses that are interested in becoming a Montgomery Hospice Corporate Partner for 2011 should contact Marlene Bradford, Associate Director of Development at 301 921 4401 ext. 146 or mbradford@montgomeryhospice.org.

Diamond Level

MedImmune is the worldwide biologics business for the AstraZeneca Group. The company has approximately 3,500 employees worldwide and is headquartered in Gaithersburg, Maryland, with facilities in California, Kentucky, Pennsylvania, the United Kingdom and the Netherlands.

MedImmune is committed to making a difference in medicine and science, in the lives of patients, and in local communities. As part of this commitment, we are very happy to contribute to Montgomery Hospice, which supports residents of our county in a critical time of need. We are also proud to have one of our senior executives, Dr. Alexander Zukiwski, be a part of their board, contributing the point of view of a practiced physician who is focused on the future of medicine.

The Village at Rockville – A National Lutheran Community is celebrating 120 years of service to seniors and their families. We provide independence, choice, value and quality not-for-profit senior living and health care, including rehab, respite, hospice, residential living and long-term skilled care.

We strongly value the ability to serve others, particularly seniors and their loved ones. What Montgomery Hospice does well is serve the whole family, not just the person in hospice care. Following the families and being a support system is an invaluable trait of their organization.

Gold Level

Adventist HealthCare is a non-profit network of healthcare providers that includes hospitals, home health agencies and other healthcare services. Based in Rockville, Maryland, Adventist HealthCare employs more than 7,200 people and cares for more than 450,000 men, women and children in the communities it serves each year. Adventist HealthCare is the largest provider of charity care in Montgomery County. Paul Nicholson, Vice President and Chief Financial Officer for Washington Adventist Hospital, one of the hospitals within Adventist HealthCare, is a strong supporter of hospice. Paul is currently serving as Chairman of the Board of Directors for Montgomery Hospice.

He says, “Adventist HealthCare is proud to be a Corporate Partner because Montgomery Hospice is a vital organization that provides skilled and compassionate end-of-life care and grief support to our community.”

Francis J. Collins Funeral Home is a family-owned business, in operation since 1939. The Collins family serves Montgomery County and greater Washington families in their time of need, providing dignified professional service. Whether you wish to preplan or have experienced a loss, please call Collins to discuss how we can assist you.

Collins Funeral Home supports Montgomery Hospice through its Corporate Partnership Program, because we see firsthand what a difference hospice makes to families in need. Montgomery Hospice offers our community the resources to handle important and sensitive end-of-life issues as well as methods to handle the grief that comes with the death of a loved one.

Joseph Gawler’s Sons has provided the highest standards of funeral and cremation services to families in the greater Washington, DC metro area since 1850. Providing many extended benefits to our families creates even a greater value for clients of Joseph Gawler’s Sons.

We believe strongly in the service that Montgomery Hospice provides not only to terminally ill persons, but also to the families of those that are ill. Montgomery Hospice provides compassion, comfort and support.
Hines-Rinaldi Funeral Home, Inc. assists families with meaningful ways to grieve the loss and celebrate the memories of loved ones. We educate families so that informed decisions can be made during times of vulnerability and emotional stress. We are here to provide information, options and guidance with the highest level of competence, courtesy and compassion, while developing a relationship of trust. We treat each and every family as we would treat our own families—with tenderness, dignity and respect.

Montgomery Hospice is an exceptional resource for the people of Montgomery County. The families who are served by Montgomery Hospice are completely cared for—before, during and after the loss of their loved ones. Montgomery Hospice not only provides care for the patient, but also emotional and spiritual support to everyone involved.

The Pettit Family Charitable Foundation was started in 1989 and is operated by five trustees from the Pettit Family. The Foundation works mainly in the areas of food, health, housing and shelter.

Several of the Foundation's trustees are active members in the community, serving as volunteers with area non-profit organizations. Mr. Dick Pettit was a Montgomery Hospice board member for many years, also serving as Chairman of the Foundation Board. He was elected as a Life Director for his dedicated service. He currently serves as a volunteer on the Corporate Gifts Committee for “Gentle the Journey,” the 3-year comprehensive fundraising campaign to raise $8 million for Montgomery Hospice.

Community Partners

We are truly grateful to our Community Partners who have supported Montgomery Hospice with a gift of $250 or more between September 1, 2010 and January 31, 2011.

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Rotary Club of Bethesda-Chevy Chase
Washington-Rockville Elks Lodge No. 15
The Julian Weinfield Golf Tournament

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Silver Level

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Hines-Rinaldi Funeral Home, Inc.

Right at Home

Sandy Spring Bank

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We are truly grateful to our Community Partners who have supported Montgomery Hospice with a gift of $250 or more between September 1, 2010 and January 31, 2011.
Memorial and Honorary Gifts

In memory of:

Quentin Aanen
Mary Elizabeth Abbundi
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Suzanne A. Abel
Jeanne V. Ackerman
Jennifer Ackerman
Clifford Ackerman
Hay retailers
All who have gone to their eternal home
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Between September 1, 2010 and January 31, 2011, Montgomery Hospice received contributions in memory or in honor of the following individuals. We are grateful for these gifts.

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Robert C. Peters
David Perlstein
Padma S. Phage
Dr. Philip H. Phiblin
Glenda H. Pickler
Thomas E. Pickrel
Anna Pika
Tonya Piotroski
Mary C. Pitt
David S. Pitts
Monte L. Polkoff
Fannie Poloyos
Dragan Popovitch
Juanita Poretz
Mary D. Porreco
Vivian N. Portner
Dr. Louis B. Puchin
Barbara Powell
Oneida Prather
Julie F. Powell
Marylou Price
Nevin F. Price
Karen I. Prokopchak
Pete Pullen
Mary L. Putkovich
Charles Pyatt
Dr. Janet B. Quinn
Jula 'Sheila' Randall
Wynema V. Randolph
Magdal Ma H. Rao
Elizabeth Litch Ratray
Charles Beckangel
William J. Redick
Charles F. Regner Jr.
Mary A. Regner
Dorothy Rees
Frank M. Reilly
Brenda Ayo Keith Rein
Kathy Rettenger
Catherine M. 'Cay' Rhoads
Paul T. Richards
R. Blair Richards, Jr.
Albert Bifiled Riley
Moralie M. Riley
Ann Robbins
Dorothy Schanbamb Roberts
Elizabeth Robinson
Jerome Rodin
Janssen Rogers
Arline Rosen

Laurinda Lacey
Ya Fei Ku-Wang
Gloria Sherman
John Shen
Gloria Sherman
Shirley
Mollie L. Shirley
Helen Siegel Sholod
Eleanor E. Signora
Pearl M. W. Siggens
Juliet Silver
Leonard Small
Barbara de Mercado Smith
Eliza H. Smith
John E. Smith
Mary Smith
McCrordden Smith
Nancy G. Smith
Patricia A. 'Patti' Smith
Richard L. Smith
Len Soffe
Seymour A. Sokatch
Vivian Solimando
Henry Solomon
Larry B. Solomon
Bernadette Soong
Felice Sorey
Stanley Sorey
Meredith Sparling
Willie B. Speight
Helen Adams Spencer

Anna A. 'Spering
France A. Splietholzer
Marilyn Springate
Arnold Springer
Guy M. Spiegel
Irene V. Springer
Irene Catherine Reed Stacey
Nelson Stalker
Thomas E. Stavish
Audrey L. Steele
Robert B. Steep
Saul Steinhardt
Henry Stern
Helen S. Stettner
Kay L. Stingon
Charlottle Stone
G. Richard Stonecipher
Joseph E. 'Ernie' 'Joe' Storer
Jerome D. Stovall
Doris K. Strete
Margaret M. Strong
Herbert P. Stutts
Loris L. Suit
Sharon M. 'Margie' Sullivan
Mildred Sullivan
Charles Sures
Audrey D. Suthein
Mildred Suter
Joan M. Sutton
Nils Swanson
Kista Swecker
Robert Sweeney
Suzanne Sweet
Margaret C. Tait
Edward B. Talbott
Thomas W. Talley, III
W. Warren Taltauville
Aradine Elishe 'Deanne' Tardy
Gloria Tzatzikas
Patricia A. Taylor
Julia Tolbert Templeton
Kathrynn A. Thaxton
Mother Theresa
Anne Lourdes 'Nan' Thomas
Dorothy Toft
Mary and Kathleen Thompson
Patricia W. Thompson
Emily Thompson
Grace D. Toomey
Murray Toomey
Robert Townsend
Conrad L. Trahern
Irving Traunfeld
Grace P. Traversa
Bonnie Trumbauer
Joel Tuch
John A. Tschey
Inez Turner
Grace Turkoff
Wyatt Burghardt Turner
Ruby Tynes
Clyde W. Unglesbee
Mary Unkenholz
Anna C. Urband
Hilda Vaeth
Mary F. Vaeth-Linder
John C. Vergelli
Miriam Veermanen
Martin D. Vogel
Shirley J. Vogelsonger's Vogts
Dorothy Volk
Alice Wendenburgh Abneyherth
Sheddy D. Slaight Wagner
Doris M. Waldecker
Michael Wallace
Vera Walczak
Elizabeth 'Bette' Walch
John J. Walsh
Yvonne L. Wang
John L. 'Buzzy' Ward
Mr. and Mrs. Dudley Ward
John T. Ward, Jr.
Irene Boone Warnol
Reva Watson
Les Webber
Memorial and Honorary Gifts

In memory of:

Harry Weber
Velva E. Weeks
Emily A. Weimerskirch
Julian Winfield
Gozo M. Weinstein
Jerome Weinstock
Gloria Weisbrut
Lorraine 'Lora' Weiss
Howard I. Weisleder
Rita S. Weitz
Harold E. 'Ham' Wells
Jane Wells
Joseph Wells
Graeme Wells
Roberta Werle
John West
Alice K. 'Kee' Whelan
Wallace 'Bud' Whelan
Dr. Richard L. Whetton
Charles L. Wheldon
Katherine I. 'Trina' White
Marjorie Whitten
Les Wicklein
Carrie 'Kay' Wicker
Frances L. Widmayer
Charles W. Wiecking
Myrna Wilensky

Joseph A. Wilkes
Ethel Wilkison
Linda Williams
Fay 'Buck' Wilkie
Gladyse E. Wilkie
Allen Wilson
Eleanor Louise Wilson
Jan Wilson
James Timothy Winslow
Guy M. Wolcott
Minerva 'Beale' Wolfe
Steven Walter
Elliott Woo
Herbert A. Roddall
Fay C. 'Woody' Woodford
Jim and Marie Woods
Melinda E. Woods
Barbara S. Woodward
Sudie Wright
Man Wu
Mother Wu
Leon Wynter
Katherine M. Yakish
Dr. Yvonne W-H. Yang
Betty Yans
Shizue Yawata
Mary H. Yee
Virginia 'Betty' Yost
your parents
Matthew C. Zehner

In honor of:

Geoff Albright
Margaret Ann Arnold
Lynne Barrack
Eric Brandon Baugher
Caroline E. 'Mr. Bob Wood' Bassett
Dr. Dawn Broderick
Isidor Cohen
Evelyn 'Marj' 'Red' Crosby
Gene Dessureau
Kenneth Rodger Dewhurst
Tom and Jane DiGriatamo
Lora E. Drezn
Donald D. Duggan
Mary Eileen Eden
Louise T. Elmindorf
Mona Escalelant
family and friends
Pat Farahbone

Karen Fiedler
Vivian Freix<br>Martha Flores<br>Dr. Harry Gallbum<br>Daniel G. Gengen
Audrey and Karl Gruel
Mary E. Hamiliton
Ellen and Tom Hoberman
Ronald Howard
Brian Hunt
Eileen Junker
Sue Kadenbach and Rita Johnson
Patty Kestin
Chambers Kephemp
Amedol J. Kohn
Gary Kortizinsky
Laura and Don's 25th Anniversary
Laura Edwards, Beth Kreimeyer, Jane Slater, and Harriett Rathbone
Catherine Leggett
Irene G. Liggert
The Goldberg-Sherman Wedding
Linda Goldberg and Allan Sherman
John Gazzo Martinez
Debi Medlock
Frances Miller

Jerry and Zana Miller
M. J. Mills
Montgomery Hospice Employees
Montgomery Hospice Mission
Frank and Pat Casher
Patricia Nugent
The Original 13
Carolyn Patterson and Kim Buchanan
David S. Pitts
Carl and Dorothy Prober's 50th Wedding Anniversary
Rabbi Fink and the entire hospice staff
Susan Randall
Linda L. Ross
Graham Thomas
Frank J. Sullivan
The Family of Carol T. Sutherland
Senator and Mrs. Leonard Teitelbaum
Tanya and Thomas Wayson
Susan Wilensky
James Timothy Winslow
Barbara M. Zemlits

Tree of Lights

Please accept our apologies if we have omitted any names from these lists.

Thank you to all who supported and attended the annual Tree of Lights ceremony in November, 2010.
calendar of events

Bereavement Care- Open to all Montgomery County Residents. Free. Pre-registration required. 301 921 4400

May 4  Remembering Mom and Dad: A workshop for adults who have lost a parent or parents. 7:00-8:30 pm. Montgomery Hospice, 1355 Piccard Drive, Rockville.

May 11 Loss of a Child Support Group. For parents grieving the death of a child of any age. Group meets each Wednesday from 6:30-8:00 pm for six weeks at Montgomery Hospice, 1355 Piccard Drive, Rockville.

May 12 Evening Grief Support Group. For anyone grieving the death of a loved one. Group meets each Thursday from 6:30-8:00 pm for six weeks at Hughes United Methodist Church, 10700 Georgia Ave, Wheaton.

May 17 Parent Loss Support Group. For adults who have experienced the death of one or both parents. Group meets each Tuesday from 6:30-8:00 pm for six weeks at Bethesda United Church of Christ, 10010 Fernwood Rd., Bethesda.

May 17 Afternoon Grief Support Group. For anyone grieving the death of a loved one. Group meets each Tuesday from 1:00-2:30 pm for six weeks at Trinity Lutheran Church, 11200 Old Georgetown Road, North Bethesda.

Small group discussions about grief and healing: come to any one of these:
July 6, Aug 3, Aug 31  6:30-8:00 pm. Montgomery Hospice, 1355 Piccard Drive, Rockville.
July 19, Aug 16, Sep 13  1:30-3:00 pm. Woodside United Methodist Church, 8900 Georgia Avenue, Silver Spring.

Professional Education

Sep 16 30th Anniversary Montgomery Hospice Conference with Ira Byock, MD. "To Life! Clinically and Culturally Reclaiming the End of Life" 11:15 am–4:15 pm at The Universities at Shady Grove, Rockville. Professional CEUs awarded.

Volunteer Training

May 9, 11, 16, 18 Volunteer Training prepares volunteers for their work supporting patients with life-limiting illnesses and the families who support them. 9:00am–12:30 pm each day. Training held at The Village at Rockville. Pre-registration required: 301 921 4400

Fundraising

Sep 24 Hospice Cup XXX. America’s largest charity regatta held on the Chesapeake Bay is followed by a fun, family-friendly shore party. This annual festive event raises money for hospices in the Washington, DC area.

For information about any event or activity, contact us at 301 921 4400. Visit www.montgomeryhospice.org for updated calendar information.