“Granny -- what happens to you when you die?”

The question comes from Brooks, my grandson. We are all sitting at the kitchen table: Granny and Brooks, age 7, and his cousins Sophia, 6, and Lila, 4. Their mothers (my two daughters) are upstairs, sleeping in, and Granny is in charge.

What happens when you die? Too early for this! I get the coffeemaker going, find the Cheerios, pour the milk.

“Yeah, Granny, what happens?” Sophia asks.

I dissemble. “Well, I’m pretty young,” I begin. “I’m probably not going to die for a while.” Finally the coffee is ready, and I pour myself a cup. Maybe we can now talk about something else.

Silence. Three pairs of brown eyes stare at me. The children wait for an answer.

“Well, I won’t be here anymore,” I mumble and take another sip of coffee. The children look confused. Not here? Not in the house? Brooks points to the kitchen cabinets. “But what happens to all your stuff?” he asks. That’s easier to answer: “Your parents will take care of the stuff,” I say brightly. The children, only slightly reassured, keep staring at me. I have to focus on the question.

Perhaps this is one of the gifts of grandchildren: to keep us focused on the issues that really matter. News events dominate daily conversation: the home mortgage meltdown, a bombing in Pakistan, the race for the presidency. But what about the Big One? Death. Hard enough to explain subprime loans to young children, let alone al-Qaeda or even the electoral college. How to explain the roll of generations, the natural cycle of birth, life and death? The notion of peace everlasting? Sophia, Lila and Brooks are so young. Life lies ahead of them.

“When I die, my body will be gone,” I begin. “But one part of me never dies. My love for you never dies. When I die, all my love jumps inside of you,” and I turn to Brooks and tickle his chest. He smiles. Then I tickle Sophia and Lila. All my love jumping inside you. More giggles.

“You know, let’s say you have a big test one day and you’re nervous. Just before the test, you can take a deep breath and say to yourself: ‘My granny loves me!’ “

“That’s great, Granny,” Brooks says.

Love Is a Legacy That Will Never Die  by Abigail Trafford

Abigail Trafford, Washington Post columnist, award-winning journalist

Hospital Liaisons: supporting patients and hospital clinicians behind the scene

Nora Garvey, Jackie Murphy, Hospital Liaisons

Transitioning patients from a hospital to Casey House or to home is one of the most challenging chapters for patients and their families facing end-of-life care.

Montgomery Hospice smoothes this transition and advocates for patients and their caregivers. Five years ago, the Hospital Liaison position was created to make this happen. Today we have half dozen Hospital Liaisons on staff visiting Montgomery County hospitals on a regular basis.

The role of the Hospital Liaison is multifaceted. They provide vital support to patients who are facing the frightening news that curative treatments are no longer an option for them. They help family members come to terms with their loved one’s terminal diagnosis. They provide assistance to the hospital staff whose primary mission was to cure the patient. In other words, they make the transition between the hospital and Casey House or home as comfortable as possible for everyone involved.
From Ann’s Office
Medicare reimbursement for hospice care at risk

At Montgomery Hospice, we are always monitoring legislative events at the state and federal level. Coordinating with other Maryland hospices, I attend and testify at committee meetings in Annapolis, including the Maryland Senate Finance Committee. I also participate in efforts to educate lawmakers at all levels about the value of hospice care.

Hospices nationwide have been affected by recent Medicare rate cuts. Since the majority of hospice patients receive Medicare benefits, lowering the amount of money that is paid for hospice care for these patients is a critical problem for all hospice programs. Although the recent stimulus package temporarily rescinded this year’s cuts, there is a real threat that they will be reinstated in the fall.

We appreciate the ongoing help of our county, state and federal lawmakers reminding Congress that hospice care saves money for the Medicare program. A recent Duke University study found that hospice care reduces costs to Medicare by thousands of dollars per patient, savings which add up to billions per year. This cost savings will become even more important as “baby boomers” age and have more healthcare needs. The Duke researchers said that hospice provides the “rare situation whereby something that improves quality of life also appears to reduce costs.”

A specific source of concern for Montgomery Hospice is a federal determination that Montgomery County is not part of the Washington, D.C. “urban area,” thus reducing our reimbursements even further. This determination was made despite the fact that Montgomery County shares eight miles of border with the District of Columbia. Three other Maryland counties, the District, fifteen Virginia counties and even a county in West Virginia are all considered part of the Washington region. The hospices in all of those jurisdictions receive higher Medicare payments than we do. We will continue to fight this nonsensical decision.

While we support ongoing efforts to modify Medicare regulations enforcing fairness and quality in all hospice programs, we will continue to fight unwarranted rate cuts, especially cuts that will adversely affect the residents of Montgomery County. I personally will work to ensure that the seriously ill in our community continue to receive the high-quality end-of-life care that Montgomery Hospice has been providing for the last 27 years.

Ann Mitchell, MPH
President & CEO

Montgomery Hospice’s Award-Winning Volunteers

A Slinky, a crystal bird, a Crockpot and a framed picture of the Smothers Brothers were among the awards presented to Montgomery Hospice volunteers at the 2008 Volunteer Appreciation Dinner. The variety of these awards reflects the many different ways that Montgomery Hospice volunteers serve the community. Although the awards themselves were not serious, the accompanying presentations conveyed the sincere appreciation felt for the generous gifts of time and talent contributed by each of the award-winning volunteers.

Patient care volunteers are an integral part of the Hospice at Home team. They work closely with the medical director, nurses, certified nursing assistants, social workers and chaplains to care for seriously ill Montgomery County residents and their families. They play cards, read books, write letters and often just listen. They are part of the team of professionals who cared for 1,440 patients in 2008 alone.

“Montgomery Hospice volunteers need to be caring and compassionate—and also flexible,” was the explanation for the presentation of a Slinky to Bobbi DiGoia at the dinner. Bobbi’s willingness to be flexible with the scheduling of a patient visit (and the rescheduling of this

(continued on page 5)
High-Quality Hospice Care: Assessing the Options
How can physicians and families select a hospice?

Dr. Joan Teno, researcher and medical school professor at Brown University, coauthored an article in the February 11th issue of The Journal of the American Medical Association containing specific information for physicians about hospice and palliative care programs. She discusses when to refer patients to hospice and provides tools to help physicians evaluate the different hospice programs that are available in their areas. Because “there is variation in the delivery of these services and in the quality of care,” she encourages doctors to ask a series of questions. Using a list of questions allows them to look for the “three C’s”—care that is competent, coordinated and compassionate. In other words, a quality hospice program should include:

- **Competent care provided by an interdisciplinary staff** with medical, social work, spiritual, volunteer and bereavement services.

- **Coordination of patient care** including close communication with primary care physicians.

- **Compassionate care** that treats all patients and families respectfully and compassionately.

Although the JAMA article is written for the medical community, patients and families may benefit from the information and may also ask detailed questions of hospice providers.

‘Referring a Patient and Family to High-Quality Palliative care at the Close of Life’
Journal of the American Medical Association
February 11, 2009 Volume 201, No. 6 2009

---

Gala Sponsors
A Celebration of Life

Gala co-chairs Catherine Leggett (L) and Suzanne Firstenberg (R) thank Congressman Chris Van Hollen for his support of hospice care and honor him as a “Montgomery Hospice Hero.”

Montgomery Hospice would like to thank the following organizations for their generous support of our 2009 Gala.

**Benefactors**
Abramson Family Foundation, Inc.
Chevy Chase Bank
Suzanne and Doug Firstenberg
Delia and Marvin Lang
Catherine and Ike Leggett
Pettit Family Charitable Foundation
Shady Grove Adventist Hospital and Washington Adventist Hospital

**Contributors**
Catherine Harris Byrd
Family and Nursing Care
Linowes and Blocher, LLP
Janet and Paul Nolan
Robert A. Pumphrey Funeral Homes

**Patrons**
Steve and Sally Herman
Kaiser Permanente
Montgomery General Hospital
Otsuka America Pharmaceutical, Inc.
Sami and Annie Totah
Carol Trawick

**Dessert Bar**
The Chevy Chase Land Company
Sandy Spring Bank

**Entertainment**
Calvert Group, Ltd.

**Social Hour**
Warner Financial, Inc.
“I have an idea,” Sophia says. “What if we put a picture of you on the wall and then when we get up we can say: ‘Good morning, Granny!’”

“That would be wonderful,” I say. “We’ll always be in touch.”

“Good morning, Granny,” they all shout, and burst out laughing.

Lila waves her hand at me. She hasn’t touched her Cheerios: “Hi, Granny!” I blow her a kiss. “Can I have a waffle?” she asks.

I smile. It’s all about love. The most precious gift I can give these youngsters is a legacy of love. And they give me the opportunity to plant the seeds of caring in the next generation. In death, the love endures. In life, the acts of caring, big and small, create a state of “relatedness,” of being involved in the lives of people you care about.

All the research shows that “relatedness” is key to health and well-being as people grow older. Everyone needs an intimate circle of family members and friends. According to psychologist Laura L. Carstensen, director of the Stanford Center on Longevity, older men and women may have smaller social networks, but they often have stronger core circles of people who are essential to their lives.

In our family, a state of “relatedness” is reinforced by the annual ritual of coming together in the summer on an island in Maine.

One late afternoon, I am hurrying to set up for a party for my younger daughter’s 10th wedding anniversary. The clan gathers: my intimate circle and the larger circle of extended family and friends. The guests arrive: toddlers and teenagers, parents and grandparents; the formerly married, the never married, the currently married and the newly married.

One by one, they stand up to give a toast, sing a song, tell a story.

I look out at the mass of youngsters screaming across the field; they weren’t here 10 years ago. A whole new generation has been born. I find my cousin, my playmate from when we were their age so long ago. You must remember this. We hug. A soft breeze comes in from the southwest. The ferry goes by. The children take turns on the swing. More hugs, more laughter.

But there is also a note of sorrow: Another cousin, who is in his 80s, is in hospice care now. Bittersweet are these milestone celebrations.

What happens, Granny, when you die?

An eagle flies in and sits on a nearby tree. Everyone stops and looks: Majestic, proud, defiant, the eagle turns its profile to the crowd. Silence . . . awe. Look! Look! Catch a glimpse before it goes. And then the eagle spreads its wings and flies away.

I survey the gathering and see interlocking circles of couples and individuals, bound together by shared experience and the ties of love, loss and friendship. These circles sustain and embrace us. On the front lines of longevity, we have a mission: to keep loving and caring for others, to steward future generations, to craft a legacy by weaving our past into the present.

And then we fly away.

The children are ready for cake and ice cream.

“Hi, Granny!” Good morning, Granny.

Abigail Trafford, an award-winning journalist, is a columnist and former health editor at The Washington Post. She is the author of the bestselling and critically acclaimed books “Crazy Time” and “My Time.” In 2007, she was a visiting scholar at the Stanford Center on Longevity at Stanford University. She lives in Washington, D.C. and Vinalhaven, ME.

This column is based on the epilogue of Ms. Trafford’s latest book, “As Time Goes By.” It is printed with the permission of the author and of The Washington Post.
visit three times in one day) demonstrated Bobbi’s ability to adapt to patient needs. The crystal bird paperweight presented to Adrienne Allison was a symbol of the “early bird” award, acknowledging Adrienne’s willingness to arrive at one family’s home as early as 6:00 am. Carole Cohen’s receipt of a Crockpot will help her continue her delivery of chicken soup as comfort to families busy with other caregiving duties.

The Riderwood community’s active set of volunteers contribute in a variety of ways. Trained and led by two Montgomery Hospice Leadership Volunteers (Martha Vayhinger and Edie Range), members of the Riderwood team visit patients and families, and also knit shawls for them. These volunteers are much appreciated by their neighbors. One expressed it this way: “the warmth of their compassion carries over whenever I use the shawl.”

“They were very different and each outstanding in their own way,” stated Carolyn Patterson when she publicly thanked the patient care volunteers who helped her family when her mother was receiving hospice care. These words were especially meaningful coming from Carolyn, another type of hospice volunteer. For over ten years, Carolyn has been working in the Medical Records department. Her attention to detail and her precision have been invaluable to the organization over the years. Her experience with her mother gave her the opportunity to meet some of the other volunteers. “Even though I’d been through the volunteer training, I was a paper pusher. I was totally clueless as to what the home visitors do. I found out. They are kind and loving and attentive and reliable. They were just wonderful.”

Tea cups given to Lucie Campbell and Carol Ann Puglise symbolized the contribution of the volunteers at Casey House, Montgomery Hospice’s acute care inpatient facility. Lucie and Carol Ann provide tea and refreshments to families at Tea Time. Other Casey House volunteers provide lavender oil hand massages for patients and families.

The Smothers Brothers award presented to Frank Sullivan and Jack Walsh demonstrated the organization’s appreciation for volunteers who provide community outreach. The outreach volunteers help educate the community about the value of hospice, and about some important facts: that hospice services are completely covered by Medicare (and most insurance plans); that some patients are discharged from hospice; that patients can “check out” of hospice whenever they want; and that patients can keep their own doctors when they enter hospice.

In 2008 alone, Montgomery Hospice volunteers donated 10,500 hours of their time. 200 patient care volunteers made 3,800 visits and drove approximately 40,000 miles to visit patients. Bereavement volunteers donated hundreds of hours making phone calls and assisting with support groups and workshops. All volunteers go through a rigorous three-day training program, which includes communication skills, understanding grief, supporting caregivers, safety, spirituality, confidentiality and self-care.

The award-winning attendees at the Volunteer Appreciation Dinner enjoyed meeting each other and learning about the variety of ways that each one contributes. The deep appreciation of their work is expressed by one patient family: “I hope your volunteers know that their efforts are very much appreciated. I so admire the folks who are engaged in making these efforts to help families and patients at the end of life. It’s a wonderful gift and I can only wish that volunteers feel deep satisfaction in the benefit of their work.”

Edie Range (volunteer), Terrie James-Taylor (Volunteer Services Manager)
Teens Honor Their Grandmother

Brian and Haley Whitt, middle school students at Rosa Parks Middle School, were close to their grandmother, Barbara Zemil. They thought of her often in the year after her death. They remembered how Montgomery Hospice had supported her and their family, caring for their grandmother under the Hospice at Home program and also at Casey House. Brian told The Gazette that the people from Montgomery Hospice “helped her a lot and made her last few weeks of living very good.” So as they began planning their bar and bat mitzvah celebrations, they thought of Montgomery Hospice.

At the age of 13, Jewish boys become a “bar mitzvah” and Jewish girls become a “bat mitzvah,” adults in the community. The words “bar mitzvah” and “bat mitzvah” mean “son/daughter of commandment” and refer to the obligations of all Jewish men and women to follow the commandments of their faith. One of the commandments involves thinking of others before oneself and helping those in need. The term “mitzvah” has also come to informally mean a “good deed.” As part of becoming a “bat mitzvah” and a “bar mitzvah,” Haley and Brian decided to hold a walk to honor their grandmother and to raise money for Montgomery Hospice.

Many volunteer hours were spent organizing, planning and publicizing. On September 28, despite gray skies and the threat of rain, the two siblings proudly led fifty-six walkers on a “Walk 4 Hospice.” Walkers remembered Mrs. Zemil on the first anniversary of her death and had the opportunity to read hand-made educational signs about grief and about Montgomery Hospice. Over 200 people made contributions, resulting in a total of $6,128, far surpassing the original $3,000 goal.

Last month, Haley was honored as one of Maryland’s two top youth volunteers when she was given The Prudential Spirit of Community Award. This nationwide program honors “young people for outstanding acts of volunteerism.” Haley will be presented a Prudential Spirit of Community silver medallion and attend an awards program in May.

Montgomery Hospice is grateful to Haley, Brian, their family and all the “Walk 4 Hospice” walkers for their support. This “mitzvah” honors the memory of their grandmother and allows others to receive care. As Haley’s award letter aptly stated: “Young volunteers like yourself are inspiring examples to all of us; you are our brightest hopes for a better tomorrow.”

The Hospital Liaison explains to patients and their family members what to expect during this process, assesses their needs and provides supportive counseling. At the attending physician’s request, the Hospital Liaison explains the benefits of hospice services to the patient and family. In 2008 alone, our Hospital Liaisons made a total of 2,261 visits to patients and families in hospitals.

The services that our Hospital Liaisons provide are not reimbursed by Medicare or commercial insurers, yet it is essential that patients and families leaving hospitals have accurate information to make wise decisions about follow-up care. Hospital Liaisons act as patients’ advocates and often go above and beyond the call of duty to keep the lines of communication open between the hospital staff, patients and their families, and the hospice interdisciplinary team that will support the patient following discharge. Our Hospital Liaisons facilitate a regular exchange of information between external and internal hospital social workers, nurses, and physicians. They also help families experiencing internal conflict to communicate with each other.

Hospital Liaisons’ roles and responsibilities are many and not always easy, but their reward comes from hundreds of families who are grateful for their guidance and help at one of the most difficult times in their lives.
Music Heals the Heart

George Cary loved music. A lawyer and government executive by profession, he often listened to classical and Big Band music. He particularly enjoyed live music, frequently attending church concerts and performances by a light opera company. Last April, his family celebrated his fondness for music during their last weekend together. His daughter, Lisa Cole, played her guitar and, along with her mother and other family members, spent hours singing his favorite hymns. “It was the last thing we could do for him,” she said. The songs they sang were particularly meaningful to her mother, Katherine, who had spent many years with her husband sharing music.

Recent research studies have found many benefits of music for hospice patients. These benefits include decreased perception of pain, reduction of anxiety and heightened relaxation. For many patients, music is a powerful connection to spirituality and provides a strong emotional link to the past and to loved ones. Karen Rush, a Montgomery Hospice nurse, attests to the fact that hearing is one of the last of the senses lost by dying patients.

At Casey House, Montgomery Hospice’s inpatient facility, many families use music. Theresa Johnson, Clinical Director of Casey House, says that families often play music in the patients’ rooms to promote relaxation. A family will bring in specific musical selections that have played a part in their loved one’s life. “I’ve seen music bring families together, they sing as a group and they listen to each other. They move from distress and worry to expressing their feelings and start to really listen to each other.” Theresa continues, “Music can calm and relax those in distress, not just patients but families of patients, and staff members. Nothing is more soothing than to see families singing to their loved ones as a group. They feel as though they are able to bring joy into this person’s last few days of life.”

After her father died, Lisa Cole looked back on these precious hours together sharing music and reflected “I wish more families had the opportunity to do that.” She was grateful to the Montgomery Hospice team who helped care for her father at his home. As she considered ways to “give back to these people who helped us so much,” she thought of the music that had been so meaningful to her family. She decided to record a collection of music to share with other hospice patients.

Lisa started by composing an original piece of music entitled “Gentle the Journey” based on Montgomery Hospice’s mission statement. Along with a group of Montgomery Hospice staff members, she selected other songs that were comforting and spiritually uplifting but not specifically from one religious tradition. Other people helped out—she received financial support from a cousin, use of a room at her church, and technical advice from a friend. While juggling work and family, Lisa spent long hours researching copyright law and recording and mixing music. The finished CDs are now being provided by Montgomery Hospice chaplains to appropriate patients and the original songs are available on a website that Lisa built (JournEase).

Lisa remembers her father: “He was a very special man and a spiritual man. The music created in his honor is a testament to his life and gives us such satisfaction. That is the way he raised me—to help others. I wanted to honor the kind of person he was.”

Circle of Light Society

The Circle of Light Society recognizes individuals and families who have included Montgomery Hospice in their estate plans through a bequest, trust, insurance policy or other estate-planning vehicle. We are especially grateful to these members who had the foresight and generosity to help us prepare for our future.

(September 1, 2008 - August 31, 2009)

Linda Abbamonte Estate
Devora R. Alexander Estate
The Briefs Family Charitable Remainder Trust
Rosina F. Campbell Estate
Ernest Campbell Estate
The Arthur Rieper Dornheim Estate
Mazie Hall Estate
Fern Levit Estate
Ilse W. Pierkes Estate
George Sharpe Trust
Betty Shaw Estate
Richard C. Sparling Estate
Anna Stern Estate
Jean Todd Estate

“Where words fail, music speaks”
~ Hans Christian Andersen
Memorial and Honorary Gifts

In memory of:

Quentin Aanenson
Joyce S. Abbell
Susan Z. Abell
Catherine Elizabeth Abemethy
Jeanne V. Ackerman
Benson Adams
Sherry Adams
Phil Adelman
John S. Aird
Mary Alice "Billie" Aitken
Jeanette E. Alberg
Joseph Albert
Lucy Alleman
Nina Allen
Maurice Poe "Sonny" Alspop
Jordan A. Anderson
Lucy S. Andrews
Miriam A. Anthony
Dr. Augustus A. Aquino
Mary P. Argabrite
Catherine Arlton
Florence E. Armitage
Theodore Arthur
Richard M. Asofsky
Mr. and Mrs. Thomas Aubrey, Sr.
Marceline "Marlene" Auchmann
Elizabeth Auerbach
Ellen Aukward
Vita Avigan
William Babb
Maxine Bader
Hanna Baer
Frank C. Baird
Betty L. Baker
Louise W. Baker
Charles K. Baldwin
Francis W. Ball
Elizabeth Barlow
Boce W. Barlow, Jr.
Ronald W. Barr
Michael Bartlett
Mari C. Barzotti
Cynthia Bates
Doris H. Baum
Clair R. Bayless
Jerome I. Baylin
Eileen Dugan Beach
Jeanne Beach
Nelle Sloan Beasley
Robert J. Beauregard
Donald and Williamina Beery
Mary Jane Bell
Edward Knight Belcher
Gertrude and Josephine Bell
George Bell, Jr.
Walter E. Belt, Jr.
Jeanne R. Berman
Leon L. Beratan
Marilyn Berger
Catherine Berteau
Louis Berry
Louise Bleak
William B. Bowers
Edythe P. Blackman
Patricia Doherty Blankenship
Barbara Atlas, Uncle of the Blatt family
Ina Bloomberg
Meyer Broman
Charles "Gus" Bochanski
Paula Boda
Margaret H. Boeglin
Danny Boehr
Norma Bosler and Vincent Taliano
Wayne A. Boydman
Margaret C. Bowman
Emily Brace
John O. Brady
Jack C. Braun
Sally D. Brees
John Breier
Paul R. Bretz
Rita K. Bricksin, Ph.D.
Philip N. Bridges
Phyllis Brown
Irene E. Brodkin
Jack C. Brown
Pat Brown
Gerald A. Buell
Richard N. Bullock
Catherine Burdette
Josephine Burman
Edgemon Callahan
Thomas P. Callahan, Sr.
Jean G. Callery
Lucille I. Carlson
Marcia M. Carlson
Gerald Carp
James Gordon Carter
Nicholas G. Carter
Catherine Caruana
Susan Elizabeth Bunch Cary
Joseph C.
Ralph E. Caudle, Sr.
Dr. Eduardo J. Cavalcanti
Walther C. Cable
Safiyyah T. Chan
Yu Ying "Eva" Chan
Jack D.C. Chan
Paul K. Cole
Mabel Chapman
Nancy C. Chapwick
Chasmob
Norma J. Checkley
Lilyan Chitlik
Donnald Chisler
Charles and Katherine Christakos
Marilyn Marshall Chu
David Cvial
JoAnne K. Clark
William H. Clark, Jr.
Dorothy M. Clay
Virginia Claybrook
Rev. Roy "Rip" Coffin, Jr.
Diana Mae Cohen
Julius Cohn
Margaret Colby
Martha Cone
Daniel "Randy" Cole, Jr.
Francis J. Collins
Joe M. Collins
Sandia D. Combs
Charles Conaboe
Robert G. Conley
Jerry Connors
Marie S. Conroe
Catharine Conway
William J. Conygham
Susan W. Cooper
Colleen C. Coopermuss
Elizabeth A. Cory
Margaret M. Cote
Eldith R. Crill
Dr. Francis J. Crilley, Jr.
Marcia M. Crockett
Ann Vogel Crow
Charles A. Dabney
Mari D'Agostino
John A. Daly
Joyce W. Dana
Rosa and Liberato D'Antonio
Shirley D. Davis
Ruth Davidson
Evelyn "Eileen" Davis
Edward L. Davis, Sr.
Andrea Dembnicki
Jack Dennine
Florence R. Denny
Charlotte Kent Denzer
William Denzer, Jr.
Virginia Diserens
Anthony DiToto
James B. "Jack" Dixon
Bernard Tiffany Doane
Robert F. Dolan
Richard Dominelli
Robert M. Dooney, Jr., and Robert E. Dore
J.O. Downs
Sara H. Doyle
Weaver Doyle
Leon I. Drapkin
Sadarie R. Dreessen
Grettie Drea
Aileen P. Drew
Leona Drizis
Roland Lionel Dude
Mary Dubsky
Frances E. Dubin
Najia Dumit
Sarah Ann Dunghan
Donald Dunlap
James Duppas
Sarah Lynn Simon DuPre
Richard Duryea
Mariana M. Dyson
Joanne Edelstein
Fred G. Ehrlich
John Eger
Marilyn Ehrlich
Sylvia Epstein
Jewell and Lewis Estes
Esther Ethridge
Gina Fialkowska
Pauline Ewing
Eleanor Farrar
James S. Faris
James H. Feaster, Jr.
Joan Feldberg
Beatrice K. Feldman
Charlottielin
Karen Feldman
Dagnam Fiala
Antonia and Aldadino Figuereilo
Philip F. Finelli, Sr.
Robin L. Finley
Miriam H. Fishman
Michael B. Fitzgerald
Thomas and Rita Flannery
Marian Fogelgen
Ronald Forman
Anna Forster
Mark Fow
Christopher Fowler
Olydia C. Freese
Marian G. "Margie" Freese
James M. Frey
Flora K. Friendlander
Daviel L. Foster
Vincent J. Fuller
Steve Furlong
Florence S. W. Gaylor
William C. Galate
Yasuki Iwatsubo
Francis Garner
William Sassaew
Dennis Gayke
Edmund and Mary Geiger
Joe M. George
Nancy Getson
Earl A. Getz
Marion M. "Goldie" Gibson
Dalia Gilpin
Richard Godbout
Regina M. Guinns
Joseph and Ruth Gold
Elizabeth Goldman
Maurice P. Goldsmith
Abraham Goldstein
Reine Golman
Ana González
Joseph Good
William Marshall Gooding
Deborah M. Goodman
Lester Goodman
Mary Avlyne Goodwin
Barbara J. Gowen
Stanley Gottlieb
James T. Gownley, Jr.
Cathryn Grew
Catherine H. Grew
Patricia Guay
Luis J. Guevara, Sr.
Teresa Guido
Carol L. Gunn
Dorothy A. "Babe" Gunvalus
Randolph Gurland
James E. Hagberg
Rose T. Hailey
Fredric Haiman
Mary E. Hamlett
Florence H. Haney
Ruthen Eugee "Gene" Haner, Sr.
Meyer J. Hanson
Troy L. Kreger
Samuel M. Hastings
Joyce R. Hatter
Betty Haven
Ann MacRobie Hayden
Dr. Hugh Hayward
Thomas C. Healy
Nancy W. Heenan
Harold Astrich and Helen Heiges
Marlanya Heikin
Richard Heimann
Dorothy "Pat" Heim
Pat Heim
Ronald Helfin
Lavinia Henderson
Frank J. Herbert
Audrey H. Heflin
Marjorie Hersberger
Carl E. Hildebrand
Hannah and Stanley Hirsch
Fritz Daniel Hirschfeld
Myra L. Hoffman
Raymonand and Sandra Holland
Rex E. Hollis
Hall L. Hollister
Cecil Hollinger
Ray R. Holsinger
David P. Holt
Mark and David Holt, Sr.
Joan H. Hong
Irwin Hornstein
Irwin and Lydia Hornstein
Nicholas Hotton, III
Francis W. Howard
Richard Z. Hricak
Paul Huard
Helen Hudson
Edwin W. Hurdmark
Sondra Hutchinson
Kathryn C. Igoe
Ann E. Irwin
Collin T. Irwin, Jr.
Rufus Jacoby
Joseph R. Jameson
Harriet "Happy" Jarzynski
Emery A. Johnson
Eugene V. Johnson
Shirley L. Johnson
Robert Jones
Stephen Nolander Jones, MD
Elizabeth M. "Bette" Jordan
Anita Joyce
Freddy Kaczer
Thomas F. Kane, Sr.
Ann M. Kappler
Geraldine Karasek
Howard Karp
Harry Kamatsuru
Richard D. Kassim
E. Kevin Kavanagh
Marion J. Kawata
Jane K. Kear
Ernest Keith
Rhona Kelber
Marion J. Kawata
Llernen Lawrence
Loleta W. Lawrence
Alice L. Lee
Gilm L. Lee
Lilian B. Lepper
Ruth L. Lees
Ray and Helen Lehrer
Harriette Leimbach
Helma Lesther
Barbara Lettes
Vera M. LeVine
Helen F. Levy
Joan Lewandowski
Elizabeth A. Lewis
Anna Marie A. "Nancy" Linehan
Eline C. Lisowski
Martha Liu
Jaime Llanso
Mr. and Mrs. Al Lockthost
Dr. Jules Lodish
Anna L. Lokos
Carma Long
Francis L. Long
Phill C. Longenecker
Leonard W. Loop
Enriqueta B. de Lopez-Rivera
Julia B. Lowell
Margaret R. Lozano
Luojun Luo
Richard and Evelyn Lutz
James P. Lydon
Elizabeth Lynch
Mary Lyons’ mother
David R. MacDonald
Lloyd M. Maenchen
Tom Mahon
Elizabeth F. Mainhart
Eugene C. Mainhart
Joan R. Mancusi
Houston Maples
Edward Marchwick
Harvey H. Marcus
Craig Mardus
Winifred A. Mark
Janis Marler
Loretta and Regina Maron
Ruth Marisco
Augustus Franklin Martin
Jacqueline Martin
Wendy L. Martin
Fidele W. "Marty" Martino
Mary Mateik
Albert H. May
Chester Maze
Joan McCarthy
Maxine E. May
Edward A. McCabe
Michael McCauley
Mary Anne Rutgers McCloy
Raymond McFarlane
Lee K. McGrath
Janice McLane
Douglas D. McKay
Mary McKay
Doris W. McLean
Patrick Mckenna
Raymond Mechak
Wendy Mel’s mother
Between September 1, 2008 and January 31, 2009, Montgomery Hospice received contributions in memory of or in honor of the following individuals. We are grateful for these gifts.

Lucy Melgar  
Florence Metelsit  
Michael C. Metrione  
Audrey Meyer  
George Lew Meyer  
Priscilla Meyer  
Priscilla Meyer and Jack Meyer  
Robert H. Meyer  
Sofia Meyers  
Katie S. Mikes  
Frank M. Mikus  
Leon T. Miles  
Ann M. Miller  
Doris Hughes Miller  
Edward Miller  
Mr. and Mrs. Edward W. Miller  
Ruth Miller  
Katherine M. Mills  
Rayner Montgomery  
Charles J. Montrie  
Jessie F. Moon  
Arthur F. Moore  
Carole J. Moore  
June Sue Moore  
Michael L. Moore  
Elizabeth Morehouse  
Carroll “Bud” Morgan  
Dr. Bill Morgan  
Joan H. Morris  
Lee Morris  
Morris I. Morris  
Mother and Grandmother  
Warren Mount  
Agnes Moxley  
Effie M. Moxley  
Sophia A. Mullen  
John Mulliken  
Lee Ann Mullins  
Stephen J. Munger, IV  
Apollonia Munter  
George Brian Murphy, Jr.  
Michael Murray  
Henrietta A. Musser  
Mary Mustakas  
Steve Nachman  
Gloria J. Nader  
Richard A. Nagelhout  
Joseph “Tony” Nardeli, Jr.  
Mamman Nelson  
Theodore “Steve” Nelson  
Marsha Newhoss  
Everett E. Newman  
James L. Newson  
Jesseeamine V. Nicholson  
Ray W. Nightingale  
James R. Nightingale  
Jackie Nishanian  
Mabel C. Nolan  
Robert W. W. Nye  
Mary E. O’Brien  
Robert A. O’Brien  
Loretta O’Brien  
Karen O’Bryhim  
Shen O’Dell  
Doris M. Odum  
George W. Ogg  
Van Olsen  
Robert N. O’Neal  
Walter C. O'Neill  
Dolores Mae Orlando  
Hildigard K. Oser  
Jeanette V. Otto  
Audrey Otto  
Mary Virginia Owens  
Dana Rice  
Oscar Palini  
Peter Palme-Konig  
John R. P. Petella  
Edie Partner  
John Paul  
Lillian Paul  
Raymond Pearce  
Marie Pellegrino  
Tammye Pelletvoort  
Bobbi Peletier  
Rosanne Penedo  
Vicki Perez  
Jeanne C. Perper  
Mark Peterson  
Charles J. Petronis  
Edwin H. Pewett  
Richard M. Philbin  
Sharon M. Pickett  
Anna Pike  
Harry Pinckernel  
Sheila D. Pitchford  
Benjamin Pitzenbarger  
Doris Jean Post Poinsett  
Edith Polliner  
Margaret Poole  
Charles W. Poole, Jr.  
Irene L. Pordy  
Barbara Powell  
Thomas John Powers  
Alvie S. Price  
Richard R. Price, Jr.  
Dorothy Pringle  
Marshall and Dorothy E. Pringle  
Betrece Goldebreich Prostman  
Robert L. Purcell  
Irene J. Purdy  
Dr. Janet B. B. Quinn  
Alba Raggi  
Helen E. Rahn  
Julia E. “Sheila” Randall  
Elizabeth Ransom  
Patricia A. Rattal  
Bernard Ravick  
Charlotte Reckdog  
Morton A. Redding  
Thomas E. Reid  
Barbara Reidy  
Frank M. Reilly  
John R. Reilly  
Lauren Ellen Reines  
Howard Reuben  
Margaret A. Reyda  
Bill Richardson  
James Broschart Richards  
Charles Riddle  
Robert L. Riddle  
Katharine D. Robbins  
Alfred Roberts  
Jocelyn Z. Snow  
Welba S. Robinson  
Lillian Rock  
Leslie Rollins  
Patricia G. Rogers  
Louise Roselli  
Marvin S. Rosenthal  
Bella Rosinius  
Charles V. Ross  
Earl A. Ross  
Aldo Rossi  
Louis Rowe  
Rox  
Max Rubin  
Victor M. Rudy  
Lorraine L. Rumps  
Janet E. Runks  
Loret M. Ruppe  
Ruth Henoch’s brother, Bob  
John J. “Jack” Ryan, Jr.  
Lev Norman Ryland  
William C. Sabin  
Joseph Sagat  
Edward J. Sakal  
Ron Sakol  
Crescencia Sanchez  
Frank Sandy  
Sani Rothberg’s sister, Betty  
Dorothy A. Sawyer  
Jean Scanlan  
Elizabeth Schaefer  
Dorothy A. Schaefer  
Jane Schmelz  
Edward Schmiedel  
Hubert G. “Hugh” Schneider  
Joseph Merritt Schoppelei  
Flora A. Schuck  
Lois Schuckman  
Bertha Schuler  
Doris J. Schulten  
Donald B. Scott  
Dr. Henry C. Scurrus  
Robert J. Scully  
Christine Seaver  
Jesse Seiferth  
Miriam Ann Sellers  
Richard H. Semaker  
Alice T. Serabian  
W. Ralph Sewell  
Loretta Sharie  
Inaxi M. Shah  
Dr. Herbert Shapiro  
Jeff Shapiro  
Elsie Sharpzter  
Peter L. Shaw  
John Shem  
Arthur Sherman  
Mollie L. Shirley  
Roselle Shusterman  
Beatrice L. Sibbald  
John M. Siemien  
Mary Pat Siemien  
Sheldon Silverstein  
May and Louis Simon  
Agnes Louise Sinetos  
Juliet Slavin  
Atasie Y. Sloop  
Orville M. Slaye  
Anna L. Small  
Barbara Schermerman  
Florence “Betty” Smith  
James “Bob” Smith  
Patricia A. “Patti” Smith  
Helen Snyder  
Helen Snyder  
Leonore W. Snyder  
Marjorie A. Snyder  
Wild Billie” Snyder-Russell  
Henry Solomon  
Larry B. Solomon  
Esther Sommer  
Linda Sobel  
Stanley J. Sotul  
Christopher Spooner  
Alice L. Stafford  
Kaye L. Stinson  
Louis Strier  
Laurette E. Strong  
Margaret M. Strong  
Frederic R. Strub  
Katherine “Kay” Suffe  
Loris L. Suit  
Kenneth Sullivan  
Leone S. Sullivan  
Mildred Sullivan  
Jane Lewis Sutton  
Susan-Brenner grandparents  
Kista Swecker  
Irene Sweetney  
Joan Sweet  
Ray Tonado, M.D.  
Ted E. Tate  
William W. “Bill” Tate  
Helen S. Taymans  
John C. Thalmayer  
Catherine M. Thies  
Eleanor M. Thompson  
John M. Thompson  
Kathleen Thompson  
T. Murray Toomey  
Robert J. Townsend  
Leon Trager  
Irvin Traunfeld  
Michael Trudgett  
Jerry Tull  
Frank J. Turano  
Grace Turkoff  
Elissa Turner  
Inez Turner  
George Vande Sande  
Miriam Vermeiren  
Kopel Volchok  
Marie A. Voles  
James Vranas  
Antony  
Edith Wachman  
Edith V. Wachtman  
Herman Wagner  
Johann Wagner  
Joe Walford  
Elizabeth “Bette” Walsh  
William C. Waninger  
Francine Waters  
John and Reva Watson  
Mary Frances Weil  
Julian Weinfeld  
Sandra K. Weinstein  
Artemis L. Weiss  
Sylvia Weiss  
Carolyn Wells  
Joseph Wells  
Ralph A. Wells  
Robert A. Wells  
Marion Wetmore  
Charles L. Whilidon  
Katherine L. “Tina” White  
Carrie “Kay” Wickre  
Maja Wildermuth  
Myrna Wilensky  
Jane Wilke  
Guy Wilkinson  
Ellen U. Williams  
Loren U. Williams  
Ralph M. Williams  
Ruby M. Williams  
Martha F. Wise  
Guy M. Wolcott  
Sylvia Woll  
Mindel “Sis” Wolfe  
Joseph W. “Winnie” Woldorf  
Charles E. Wood  
Doris P. Woodruff  
Sadie Wright  
Liz Wueste  
Donald M. Wynne, Sr.  
Richard S. Yamamoto  
Paul and Frances Young  
Therese E. Yousef  
Dolores Zammarella  
William A. Zeigler  
Barbara M. Zemili  
Mary Zerry  
Edith Belle Ziegler  
Elizabeth C. Ziese

In honor of:

Roland Banks  
Caroline and Ed Boxwell  
Rosanna Brown  
Steven Wunder  
John A. Daly  
Gary Fink  
Hazel T. Foote  
Eugenia Gapinski  
Elaine and David Goldberg  
Elizabeth Beverly Graninger  
Robert Greenberg’s birthday  
Alma H. Greenfield  
K. Christopher Houston  
Mrs. Marjory Jones  
Carol and Helen Jordan  
Arnold J. Kohn  
Mr. and Mrs. Anton Kohut  
Wilson N. Krahne  
Mr. and Mrs. John Livingston  
Mr. and Mrs. Peggy M. McCaig  
Mr. and Mrs. Jim Meehan and family  
QIAGEN Penny War Charity Drive  
Pete and Janice Reilly  
Katherine Reyes, LCSW-C  
Ian Richardson  
Jean A. Solomito  
Esther Smith  
Our letter carrier, Tom  
and Mariana Uhrlaub  
Steven Van Grack

In “In Honor Of” and “In Memory Of” gifts may recognize any person, including a Montgomery Hospice patient. Gifts from individual donors and gifts in kind will be acknowledged in Montgomery Hospice’s annual report. Please accept our apologies if we have omitted any names from these lists.
Hospice Matters is a newsletter for family and friends of Montgomery Hospice, a non-profit organization serving residents of Montgomery County, Maryland who are bereaved or terminally ill.

calendar of events

Bereavement Care - Open to all Montgomery County Residents. Free. Pre-registration required.

May 6  Remembering Mom and Dad: A workshop for adults who have lost a parent or parents. 7:00-8:30 pm Montgomery Hospice, 1355 Piccard Drive, Rockville.

May 12 Parent Loss Support Group. For adults who have experienced the death of one or both parents. Group meets each Tuesday from 6:30-8:00 pm for six weeks at Montgomery Hospice, 1355 Piccard Drive, Rockville.

May 13 Afternoon Grief Support Group. If you’re grieving the death of a loved one, this group meets each Wednesday from 1:00-2:30 pm for six weeks at Trinity Lutheran Church, 11200 Old Georgetown Road, North Bethesda.

May 20 Loss of a Child Support Group. For parents grieving the death of a child of any age. Group meets each Wednesday from 6:30-8:00 pm for six weeks at Montgomery Hospice, 1355 Piccard Drive, Rockville.

May 21 Evening Grief Support Group. If you’re grieving the death of a loved one, this group meets each Thursday from 6:30-8:00 pm for six weeks at Hughes United Methodist Church, 10700 Georgia Avenue, Silver Spring.

Fundraising

Sept 26 Hospice Cup XXVIII. America’s largest charity regatta held on the Chesapeake Bay is followed by a fun, family-friendly shore party. This annual festive event raises money for hospices in the Washington, DC area.

Oct 4 Montgomery Hospice Derby Duck Festival. Come to the annual Derby Duck Race and Festival. Enjoy a free afternoon of crafts, food, family entertainment and a water race of 10,000 rubber ducks! Noon - 3:00 pm. Seneca Creek State Park, Gaithersburg.

Volunteer Training

Oct 16, 23 Professional volunteer training prepares volunteers for their work supporting patients with life-limiting illnesses and the families. 8:30am–4:00 pm each day. Montgomery Hospice, 1355 Piccard Dr., Rockville. Pre-register.

For information about any Montgomery Hospice event or activity, contact us at 301 921 4400. Visit www.montgomeryhospice.org for updated calendar information.